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# THE SPA

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MENU

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hotel nikko bali benoa beach

ホテル・ニッコー・バリベノアビーチ



# SIGNATURE EXPERIENCE

Our signature treatments are designed to give you the ultimate spa experience with an array of head to toe pampering therapies.

## NIKKO SIGNATURE

Rejuvenate | 2 hours 30 minutes

Aromatherapy Foot Bath

Body Scrub

Nikko Massage

Basic Facial

Aromatherapy Bath

## TRUE BLISS

Renewing | 2 hours

Aromatherapy Foot Bath

Balinese Massage

Calming Facial

Aromatherapy Bath

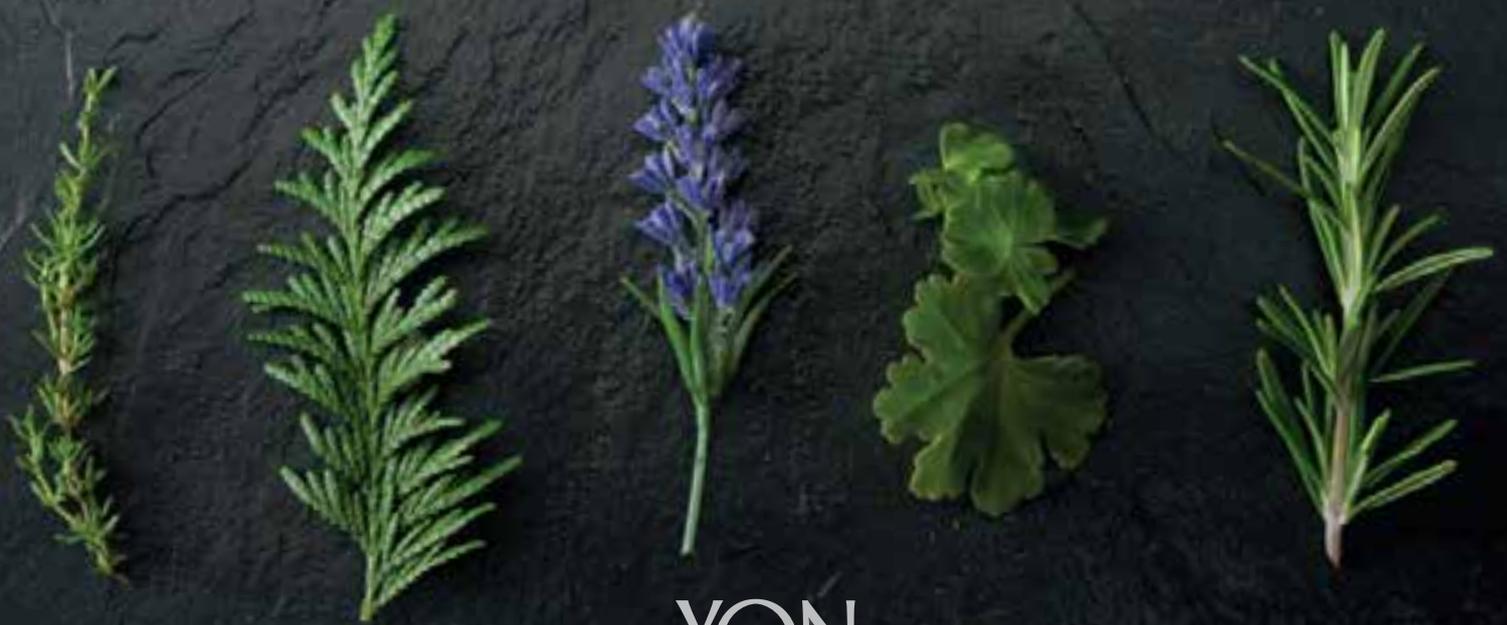
## INSTANT RECOVERY

Refresh | 1 hour 30 minutes

Aromatherapy Foot Bath

Aromatherapy Renewing Body Massage

Foot Massage



## ESSENTIAL FACIALS

Combined with the pioneer in the realm of phyto-aromatic treatments, Yon-Ka from Paris, France, our facial therapies offer every person a customized solution and the promise of a striking and immediately visible result at all ages in life.

### VITAL FACIAL

Anti-aging, Anti Wrinkle | 1 hour 30 minutes

Targeting wrinkles, giving you a radiant complexion, hydration, and nutrition, enhanced by the complementary agents of the mask to hydrate and deep cleanse.

### OPTIMIZER FACIAL

Anti-aging, Firming | 1 hour 30 minutes

Stimulates the skin's natural regeneration process and optimizes firmness, reduces wrinkles and fine lines, and intensifies glow.

### SENSITIVE AND CALMING

Calming, Skin Beautifying | 1 hour 15 minutes

Targeting diffuse redness with a professional treatment that meets the needs of sensitive skins, dry or oily.

### AROMATIC RADIANCE

Radiance, Skin Beautifying | 1 hour 15 minutes

Combining all of the beneficial elements of YonKa skincare - aromatic compress with its subtle fragrance, incomparable power of plants in the enveloping and relaxing massage lead to a moment of revitalization. Refreshing and reenergizing you with a sense of calm, giving you a glowing complexion, ready to face the day.

Our facial therapies include a sophisticated massage and the application of traditional tools such as Ridoki and Nouat-Na Tiger Eye Roller to give you a sensational facial experience

# SPA TREATMENTS

## FACIAL TREATMENT

### TRADITIONAL NIKKO FACIAL

Relaxing, Skin Beautifying | 50 minutes

The natural volcanic clay mask in this therapy refreshes your skin, while the gentle pressure point massage relaxes the facial muscles

## BODY TREATMENTS

### BALINESE MASSAGE

Relaxing | Soft to Medium Pressure | 1 hour | 1 hour 30 minutes

A deep tissue massage that combines age-old Balinese techniques, traditional herbs and oil to relieve muscle pain.

### WARM STONE MASSAGE

Uplifting | Soft to Medium Pressure

1 hour | 1 hour 30 minutes

This technique combines massage and warm stones treatment to relax the body.

### STRESS RELIEVE MASSAGE

Stimulate | Medium to Strong Pressure, No Oil | 1 hour

Adopting Shiatsu technique, this treatment alleviates muscles fatigue and tension by applying pressure to specific points along the body's energy meridians.

### NIKKO MASSAGE

Balancing | Medium to Strong Pressure | 1 hour | 1 hour 30 minutes

The kneading, treading, and smoothing movements will free the body from all tensions. The use of Kansu bowl on the feet's reflex zone aimed to rebalance the energies.

### AROMATHERAPY RENEWING

#### BODY MASSAGE

Renewing | Medium to Strong Pressure | 1 hour

This Swedish massage use concentrated blend of essential oils aimed to drain toxins while nourishing the skin, relaxing the muscle and stimulating blood and oxygen flow.

### REFLEXOLOGY FOOT MASSAGE

Awakening | Medium to Strong Pressure | 50 minutes

Stimulating the reflex points on your feet to activate the natural energy of the corresponding organs, restoring normal function and health as well as improving blood circulation.

### BODY CARE

45 minutes

### BODY SCRUB

Exfoliate your skin, removing dead skin cells and promoting new skin growth.

Traditional Lulur | Coffee | Chocolate | Green Tea

### BODY WRAP

Activating the lymphatic system to promote detoxification process and providing rich nutrient for the skin, leaving your skin nourished and hydrated.

Aloe Vera | Traditional Boreh | Green Tea | Coffee | Chocolate

## COMPLEMENTARY TREATMENTS

### BACK MASSAGE

Refresh | Soft to Medium Pressure  
30 minutes

A quick relaxing massage focusing on your neck, shoulder and lower back to relieve tension.

### BASIC FACIAL

Refresh, Moisturize  
30 minutes

Aimed to relax your facial muscle while nourishing the skin with natural cleanser and moisturizer.

### EYE TREATMENT BY YONKA

45 minutes

Plant active ingredients and specific techniques combined to smooth away wrinkles and fine lines, tone eyelids and improve signs of fatigue.

## BEAUTY TREATMENTS

### BASIC MANICURE AND PEDICURE

1 hour 15 minutes

### ADVANCED MANICURE AND PEDICURE

1 hour 30 minutes

### HAIR CREAMBATH

1 hour

### HAIR WASH AND BLOW DRY

1 hour

### HAIR WASH AND BLOW STYLING

1 hour 30 minutes

### HAIR CUT

### MAKE UP AND HAIR DO

By Appointment Only

The Spa at Hotel Nikko Bali - Benoa Beach is our oasis of tranquility, relaxation and rejuvenation.

By combining the best of Asia's spa techniques and exclusive spa products, The Spa offers an experience to honor the senses, mind, body, and soul. Our skilled therapists are poised to give balance, peace and relief through a wide range of holistic and luxurious treatments.

The Spa opens daily from 10:00 to 22:00.

For further information and assistance, please contact  
Hotel Nikko Bali - Benoa Beach

T. +62 361 773577 | E-mail. [info@hotelnikkobali-benoabeach.com](mailto:info@hotelnikkobali-benoabeach.com)

## RESERVATION

While spontaneous appointments may be available, advanced reservation is recommended to secure treatment.

## SPA TIMING

Please arrive 15 minutes prior to your treatment to check in and fill out our consultation form. Treatment time may be adjusted for late arrivals as a courtesy to the next guest.

## CANCELLATIONS

Should you need to cancel or reschedule appointments, please notify us as soon as possible. Any cancellations made within 6 hours of the treatment time will incur a 50% cancellation fee.